



## After Sedation Instructions

1. Patient cannot drive for 24 hours after sedation.
2. Patient must not operate any hazardous devices for 24 hours.
3. **A responsible person should be with the patient until he/she/they has fully recovered from the effects of the sedation.**
4. Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered.
5. Patient can eat whenever and whatever he/she/they desire.
6. Patient needs to drink plenty of fluids as soon as possible.
7. Patient may sleep for a long time or may be alert when he/she/they leaves the office. Attend to both alert and sleepy patient in the same manner – don't trust the patient alone.
8. Always hold the patient's arm when walking.
9. Call us if you have any questions or difficulties. If you strongly feel that the patient's symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.
10. Following most surgical procedures there may or may not be pain, depending on the patient's threshold for pain. The patient will be provided with medication for discomfort that is appropriate. In most cases, a non-narcotic pain regimen will be given consisting of one *Acetaminophen 500mg* (Tylenol) and two *Ibuprofen 200mg* (Advil) taken every 4 hours. These two medications, taken together, will be as effective as a narcotic without any of the side effects associated with narcotics. If a narcotic has been prescribed, follow the directions carefully. The patient may take Ibuprofen with the narcotics, but not the Tylenol. If the patient has an allergic reaction to any medication, such as a skin rash or hives, stop the medication and call the office. If the patient has any questions about these medications interacting with other medications they are presently taking, please call the office.

Companion Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient uses sedation, companion must sign.)

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